

John Wilson Autism Kits:

Contact Jeff Wilson to receive the kits jeffwilson122615@gmail.com



The kits are named after the son of Jeff and Heather Wilson. John is a non-verbal moderate functioning autistic child. He has taught us several ways to handle autism in our family. We have taken these tools to work with us and found that they are easy techniques that we feel everyone should know. Heather works for Alpine School District as an American Sign Language aide. Jeff is a paramedic for Gold Cross Ambulance.

Utah EMS-for Children helped the Wilson family with a grant and promoted Jeff to the Utah Family Advisory Network (FAN) position. The goal for these kits is to provide these on all first responder units as possible. Jeff has taken the initiative and is currently visiting as many agencies as possible. There is a training that the Wilson family provides with John as the center of the training. These services are for the following: Fire, Ambulance, Hospital, Police, Schools, and any other agency that feels it is necessary.



The first item in the kit is Sound Canceling Headphones. This tool is to block out sound, especially with those who have a high sound sensitivity, like most autistic people have. The other thing we have discovered is that they are a comfort measure for these children. John mostly uses these when he feels overwhelmed and wants to "Hide." He calms down and is able to function thinking he is invisible.

The next item in the kit is sensory popper toys. We decided to use wrist versions of the popper toys. It does not matter what you decide. There are a million different versions of these poppers. I have taken these toys to work for almost two years now and am still 100% success with them. I have used them for sensory patients like autism. I have used them on psychiatric patients. One unique situation I have used them is to calm patients with RSV. These have prevented the patient from getting upset and dropping in saturation levels during transport.



Heather created an American Sign Language card for those that need help understanding it. American Sign Language is a fast-growing language especially amongst special needs children. John is a perfect example that sign language works. Heather started to teach John at age 2. He has taught himself majority of his sign language and is well over 600 known signs. This is

